

patience * imagination * focus * flexibility * balance * strength

yoga & mindfulness

FOR ADULTS, KIDS AND FAMILIES



310-403-4645 | rj@yogawithrandijo.com | yogawithrandijo.com

LITTLE MINERS 2021 YOGA & MINDFULNESS SUMMER CAMP!

This camp will help the kids learn how to be more patient, imaginative, sensitive and focused while creating a more flexible, balanced and strong body. Children (3-6) will learn to become quiet or energized as needed through exercises and breath work they can do anywhere.

Your child will be saying "I can do it!"

Social Distancing Guidelines will be followed and class size will be very limited.

Child **MUST** be potty trained

JUNE 21-25

Monday - Friday 9:00 am - 11:15 am

Cost: \$125 (due by June 1st)

Make check to Yoga with Randi Jo

mail to: Yoga w/Randi Jo - 7406 Brook Hollow Loop Park City, UT 84098

or Venmo (@Randijo-Greenberg)

*Don't forget that your child needs sunscreen before camp & a yoga mat, snack and water bottle.

questions: (310) 403-4645 or email RJ@yogawithrandijo.com

Little Miners Kid's 2021 Yoga Camp Registration Form

Child's Name _____

Age: _____ *Email _____

Address _____

Mother's Name _____

CellPhone _____

Father's Name _____

Cell Phone _____